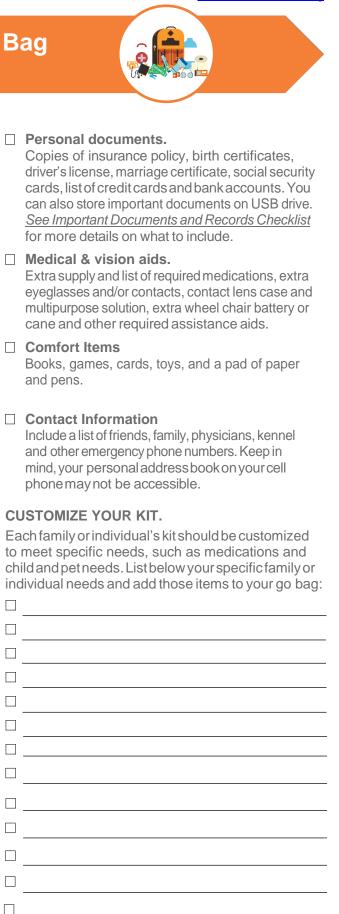


BUILD A KIT: Emergency Go Bag

Preparedness

Weter for 2 days



1 gallon per day, per person. Prepackaged or fill clean, food-grade containers yourself. Do not use dairy containers to store water. Two litersoda bottles work well (2 bottles = 1 gallon).
Non-perishable food for 3 days. Use foods that do not need refrigeration and use little to no water or cooking to prepare. Foods can be canned or dry. Be sure to include some portable items in case you need to leave home. Include dry formula and baby food if needed. Pack a manual can opener.
Medical Supplies/First aid kit Include bandages of various sizes, pain & fever reducer, medicine dropper, hand sanitizer, scissors and bandaging tape.
Shelter Items. Tarp or tent, plastic sheeting and duct tape.
Items for warmth & sleeping. Emergency blanket or sleeping bags. Also, one set of extra clothing, sturdy shoes, socks, coat, hat, gloves and rain poncho.
Alternate lighting. Flashlights with extra batteries or hand crank flashlight.
Communication. Hand crank or battery-operated radio with extra batteries (some come with cell phone charger port), cell phone and charger and whistle to signal for help.
Sanitation. Large garbage bags and plastic ties, toilet paper, diapers, hand sanitizer/disinfectant, and moist towelettes.
Personal hygiene. Toothpaste/brush, soap, feminine supplies and other personal hygiene needs for you and your family.
Packaging 1 bag, backpack, or bucket with handle
Support Supplies Whistle, pair work gloves, sturdy shoes, change of clothes, 3 face masks, pack of Wet wipes, pocket tissue package, 30 gallon plastic bag, 3 10-gallon plastic bags